

Our Programmes

Capital Health Care provides three fantastic programmes which target key health concerns for your employees. Our proven programmes are structured around the 2011 Australian Burden of Disease Study.

By addressing this study we maximise your return in investing in your employee health. Currently we monitor the health of over 30 government departments and 100's of private firms. Capital Health Care also data logs information for accurate analytical reporting and individual data recall.



HEALTH AWARENESS PROGRAMME

- Blood Pressure
- Cholesterol
- Glucose
- Cancer awareness

15 min per person
\$38 + GST



EARLY DETECTION PROGRAMME

- Blood Pressure
- Cholesterol
- Glucose
- Grip Strength
- Weight / Nutrition
- Cancer awareness

20 min per person
\$52+GST



COMPREHENSIVE HEALTH CHECK PROGRAMME

Full Health Profile (iPad)	Lung Age	Cancer awareness
Emailed Health Report	Health Age	
Blood Pressure	Nutrition	
Cholesterol	Weight	
Glucose	Data storage	

30 min per person
\$88 + GST

